

SAFETY FIRST

STETTLER RECREATION CENTRE ARENA RE-OPENING USER RULES AND GUIDELINES

1.0 PREAMBLE

Welcome back to the Stettler Recreation Centre and specifically our two arenas! We are very excited to have you all back to enjoy on-ice activities and we look forward to your arrival. The guidelines and rules outlined below will help ensure you enjoy your on-ice experience, but more importantly will help to ensure that both our patrons and staff stay safe. While many things will seem the same, we have implemented a number of new rules and guidelines in addition to your specific-sport guidelines that will help ensure everyone's safety when inside the Stettler Recreation Centre.

2.0 GENERAL

- All Alberta Health Services (AHS) health and safety recommendations must be followed.
- All facility users should practice proper hand hygiene while in the facility, including before and after training. If possible, participants are encouraged to carry hand sanitizer with them and refrain from touching their face.
- If a participant does not feel well, has a fever, upset stomach, headache or a cold (runny nose, sore throat, cough, etc.) they must stay home and should inform their coach and/or team manager.
- Any parent, guardian or accompanying family member (sibling, grandparent) who is not feeling well must not enter the facility or attend a session.
- It is important that while in the facility, whether as a participant or observer, that you try to maintain social distancing (2 meters minimum) and limit congregating in groups. If you are unable to maintain social distancing, AHS recommends that you wear a mask.
- If players, coaches and parents do not comply with distancing protocols, players or groups may be asked to leave the facility immediately.

3.0 FACILITY ACCESS (BLUE ICE SURFACE)

- Arrive at the facility no more than 20 min. prior to your ice time.
- When using the BLUE ice surface, either as a participant or parent/guardian, you must enter the facility using the doors on the south side of the building that enter directly into the viewing area.
- Only **one parent/guardian** can accompany a participant to the arena at this time. Siblings of players, additional parents and grandparents **are not to attend** in order to reduce the number of entrants into the facility at any one time. Exceptions include participants who have a parent that are coaching the on-ice session and infants.
- Upon entering there will be a hand sanitizer station set up for all on-ice participants and parents to use.
- After sanitizing, both participant and parent will check-in for their sport specific screening process with a sport association volunteer.
- Participants may now enter their allocated dressing rooms and parents/guardians can enter the blue arena via the main blue arena doors, keeping to the right when walking through the viewing area and using the doors on the right-hand side.
- Parents/Guardians staying to watch the on-ice session must do so from the blue arena bleachers.
- Please limit contact with high touch-point surfaces and ensure you are following appropriate hand washing and sanitization procedures at all times.
- When the on-ice session is complete, please exit the dressing rooms as soon as possible (no longer than 10 min) keeping to the right when walking through the viewing area, sanitize hands and immediately exit the facility from the south viewing area doors.
- All participants, coaches, and parents are strongly encouraged to utilize their own washroom facilities at home (before and/or after an ice session) in order to reduce touch points and transmission risks.
- Social distancing on entrance and exit is required.

4.0 DRESSING ROOMS

- Participants will have access to dressing rooms approx. 15 min prior to their ice session.
- Each ice session will be allocated two (2) dressing rooms (1 & 2 or 3 & 4)
- Dressing rooms will be limited to ten (10) participants with specific seating spots in each room to ensure social distancing is maintained.
- There will be no access to showers in the dressing rooms.
- Parents are not permitted into dressing rooms except if required to tie skates. SOCIAL DISTANCING PROTOCOLS MUST BE ADHERED TO. If parents do need to enter the room, no more than two (2) parents shall be present at any one point in time and must be wearing a mask.
- Should participants require additional parental assistance to get dressed, they may get dressed in a designated seating spot on the bench inside the blue arena below the viewing area glass.

5.0 PLAYERS

- Participants shall remain in the designated dressing room area until the coach advises them to enter the ice surface. Social distancing (6' separation should be observed when exiting/entering dressing rooms).
- Water bottles **must** be filled at home, should be clearly identifiable and should be washed at home after every ice session. NO SHARING OF ANY WATER BOTTLES.
- Participant water bottles must be placed on designated dasher board locations. Participants are encouraged to spread out and use dasher boards on both benches.
- No spitting

6.0 COACHES

- Do not bring participants out of their dressing room until such time as the ice surface is ready (Arena Staff have closed the Zamboni gates). This will ensure no congregating of participants in the bench area and walkway.
- Coaches may get changed in either the penalty box area or in a specific seating spot in the officials change room. (Figure Skating Coaches to dress in the SFSA locker room).

7.0 PARENTS

- Do not congregate in the viewing area. Upon completion of screening please go directly to the arena entering through the doors on the right-hand side and find a designated seat as per the bullet below.
- Parents can be seated in Rows A, D and G. Please ensure a minimum of three (3) empty seats between yourself and other spectators.
- Upon conclusion of your participant's ice session, please immediately exit the facility, keeping to the right when walking through the viewing area, and wait for your participant outside the facility.

8.0 CLEANING AND SANITIZING

- In addition to routine facility cleaning protocols, we have increased the frequency of sanitizing commonly touched surfaces throughout the facility.
- Dressing room touch points such as door handles, benches, hooks, toilets and sink areas will be sanitized prior to each group's arrival for their on-ice session.

Thank you!

