



Stettler area has challenged Ponoka and Wainwright to a friendly  
Walk 'n' Roll competition from May 1 – August 31.

**Which town can register the most destinations reached by walking or biking each month?**

It's simple:

1. **Walk or bike to a destination. Leave your car at home.**

This is not about going for a walk/bike ride for pure exercise. It's about walking/biking as your transportation to a destination.

2. **Register your Walk 'n' Roll trips\*\* at [www.stettler.net](http://www.stettler.net)** It takes 10 seconds!!

\*\* The 'to' and 'from' is considered 2 trips total, regardless of the number of destinations along the way.

\*\* The distance of each trip is not important.

Register each time or save up some and register a total. Registering each week makes you eligible for a weekly prize draw for a "Walk 'n' Roll, I'm Just Less Driven" t-shirt.

**Let's win this, Stettler!**

Great for you!

Great for our air!

Great for the planet!



**I'm just  
less driven**

Organized by the Heartland Beautification Committee  
More info: [stettlerbeautification@gmail.com](mailto:stettlerbeautification@gmail.com) or 403-742-4411