What Can I Use My LIT Hours For?

At the Stettler Recreation Centre we appreciate all the help you provide us with. As such, we will use the hours you work in place of payment for advanced aquatics courses offered at our facility. While this does not include the cost of things like bathing suits and goggles, we will cover the cost of your course manuals as well!

<u>Course</u>	Cost (hours worked)
Red Cross Swim Kids Level	7 Hours
Bronze Star	15 Hours
Bronze Medallion	20 Hours
Bronze Cross	20 Hours
Standard First Aid/CPR – C	30 Hours
AWSI	40 Hours
LSI	50 Hours
WSI	60 Hours
NLS	60 Hours

Please be advised that when you cash in hours earned for a course, you will subtract those hours from your total hours worked. You will have to work more hours to be able to cash in for a second course.

For example: You have 20 hours saved, you want to take the Bronze Star course which 'costs' 15 hours. When you register for the Bronze Star you will cash in 15 hours leaving you with 5 hours remaining from your original 20 hours. If you want to take the Bronze Medallion course you will have to work anther 15 hours in order to 'pay' for the Bronze Medallion course.

As an LIT it is your responsibility to make sure you are aware of when the pool will be running any of the above courses and make sure that you have completed your hours prior to registering for the course.

You will not be permitted to 'pay' for a course with hours that you have not yet completed.

If you have any questions please speak to the senior guard on shift, the Assistant Aquatic Manager or the Aquatic Manager.