# **SAFETY FIRST**

# STETTLER RECREATION CENTRE ARENA USER RULES AND GUIDELINES

Updated February 10, 2021

# 1.0 GENERAL

- All Alberta Health Services (AHS) health and safety regulations must be followed.
- Masks are to be worn at all times while in the facility (includes dressing rooms) unless actively participating in on-ice, pool or fitness centre activities.
- All facility patrons must practice proper hand hygiene while in the facility, including before and after on-ice, pool and fitness centre activities. If possible, participants are encouraged to carry hand sanitizer with them and refrain from touching their face.
- If a patron does not feel well, has a fever, upset stomach, headache or a cold (runny nose, sore throat, cough, etc.). **Do not enter the building!**
- It is important that while in the facility, whether as a participant or spectator, that you try to maintain social distancing (2 meters minimum) and no congregating in groups. For those performing physical activity 3 meters is recommended.
- If players, coaches and patrons do not comply with rules and guidelines, players or groups may be asked to leave the facility immediately.

# 2.0 FACILITY ACCESS

#### GENERAL

- Arrive at the facility no more than 20 min. prior to your ice time.
- The doors to the facility are locked, as the SRC is closed for general public access, so to enter you will need to wait outside until a staff member opens the doors.
- Only one parent/guardian can accompany a participant to the arena at this time. Siblings of players,
  additional parents and grandparents are not to attend in order to reduce the number of entrants into
  the facility at any one time. Exceptions include participants who have a parent that are coaching the
  on-ice session and infants. (There are no other exceptions!)
- Upon entering there will be a hand sanitizer station set up for all on-ice participants and spectators to use.
- After sanitizing, both participant and spectators will check-in for their sport specific screening process with a sport association volunteer (minor hockey and figure skating only).
- Once checked in, both participants and patrons must go directly inside their respective arena. No
  congregating in the lobby area.
- Spectators must only view one ice surface, do not enter the other arena while a spectator in the other.
- Please limit contact with high touch-point surfaces (railings and handles) and ensure you are following appropriate hand washing and sanitization procedures at all times.
- When the on-ice session is complete, spectators must exit the facility immediately (do not wait in the lobby area) and participants please exit the dressing rooms as soon as possible (no longer than 10 min). Upon exiting the facility, please sanitize hands.
- Social distancing on entrance and exit is required.
- User groups will have an individual assigned to ensure these rules are adhered to. User groups found not adhering to this rule may risk losing future ice session(s).

# 3.0 DRESSING ROOMS

- Dressing rooms will be limited to ten (10) participants with specific seating spots in each room to ensure social distancing is maintained.
- Showers are accessible inside the dressing rooms. However, water fountains are not available.
- Parents are not permitted into dressing rooms
- Should participants require additional parental assistance to get dressed, they may get dressed in a
  designated seating spot on the bench inside the blue arena below the viewing area glass or on the chairs
  along east wall of red arena.

#### 4.0 PARTICIPANTS & COACHES

- Participants shall remain in the designated dressing room area until the coach advises them to enter the ice surface. Social distancing (6' separation should be observed when exiting/entering dressing rooms).
- Do not congregate in player box entry ways and bench areas.
- Water bottles **must** be filled at home, should be clearly identifiable and should be washed at home after every ice session. NO SHARING OF ANY WATER BOTTLES.
- No spitting.
- Participants are not allowed out of their dressing room until such time as the ice surface is ready (Arena Staff
  have closed the Zamboni gates). This will ensure no congregating of participants in the bench area and
  walkway(s).

# **5.0 SPECTATORS**

- Only **one parent/guardian** can accompany a participant to the arena at this time. Siblings of players, additional parents and grandparents **are not to attend** in order to reduce the number of entrants into the facility at any one time. Exceptions include participants who have a parent that are coaching the on-ice session and infants. (*There are no other exceptions!*)
- Parents MUST socially distance while in the arena and be wearing a mask at all times while in the building.
- Upon completion of screening please go directly to your respective ice surface entering through the doors
  on the right-hand side and find a designated seat as per the bullet below.
- There is NO loitering in the viewing area/lobby
- Upon conclusion of the ice session, please immediately exit the facility via main doors. If you are waiting for a participant please do so outside the facility.

### **6.0 RAPID RESPONSE PLAN**

If a participant or spectator becomes ill while at the arena, the following procedure will be followed:

- While preparing to immediately leave the facility or event, symptomatic individuals should perform proper hand hygiene, put on a non-medical face mask, and maintain at least 2 metres distance from all others.
- The individual should arrange for immediate transportation to their home/residence to begin isolation. Individuals needing to wait for transportation will be placed in the First Aid Room.
- Once a sick individual has left the facility or event, facility staff will clean and disinfect all surfaces and areas with which the individual may have come into contact.

Thank you!

