

Aquatic Schedule for January 9 - 15

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
6:00 AM		Fitness Swim 6:00 - 7:30	Fitness Swim 6:00 - 7:30	Fitness Swim 6:00 - 7:30	Fitness Swim 6:00 - 7:30	Fitness Swim 6:00 - 7:30		6:00 AM
7:00		proof of vaccination starting at 7:30 - 9:00 am lane or water exercises available						7:00
8:00		H2O Exercise 8:00 - 8:45	Water jogging 8:15 - 8:45	H2O Exercise 8:00 - 8:45	Water Jogging 8:15 - 8:45	H2O Exercise 8:00 - 8:45		8:00
9:00								9:00
10:00		Fitness Swim / Family swim 9:30 - 11:30 am				Public Swim 9:30 - 11:00		10:00
11:00	Family Swim 11:00 - 12:00					Fitness/Family 11:00 - 3:30	Family Swim 11:00 - 12:00	11:00
12:00 PM	Fitness / Family Swim 12:00 - 1:00	Fitness Swim / Family swim 12:00 - 2:30 pm					Fitness / Family Swim 12:00 - 1:00	12:00 PM
1:00	Public Swim 1:00 - 3:00						Public Swim 1:00 - 3:00	1:00
2:00		Fitness Swim 2:30 - 3:30 pm						2:00
3:00								3:00
4:00	Family Swim 3:30 - 5:00	Family Swim 3:30 - 5:00		Family Swim 3:30 - 5:00		Public Swim 3:30 - 5:30 pm	Family Swim 3:30 - 5:00	4:00
5:00		proof of vaccination Wellness Program 5:30 - 6:15	Swim Club 4:00 - 6:30	proof of vaccination Wellness Program 5:30 - 6:15	Swim Club 4:00 - 6:30		proof of vaccination Wellness Program 5:30 - 6:15	
5:30								
6:00		Fitness Swim 6:15 - 7:00		Fitness Swim 6:15 - 7:00		Fitness Swim 6:15 - 7:00		6:00
7:00		Public Swim 7:00 - 8:45	Public Swim 6:30 - 8:30	Public Swim 7:00 - 8:45	Public Swim 6:30 - 8:30	Public Swim 7:00 - 8:45		7:00
8:00								8:00
9:00		<i>closed for cleaning</i> 8:45 - 10:00	<i>sanitizing</i> 8:30 - 10:00	<i>closed for cleaning</i> 8:45 - 10:00	<i>sanitizing</i> 8:30 - 10:00	<i>closed for cleaning</i> 8:45 - 10:00		9:00